

Smart Care Solutions

Assisting you to live safely in your home for longer



 Proveda



SMART CARE SOLUTIONS

How does it work?

We have a 4 layered process that when combined provides an overall picture of your current health and insights into your future health. This information empowers you to make data informed decisions based on your own personal needs.



1

LAYER ONE

Monitoring via sensors and wellbeing feedback



2

LAYER TWO

Collecting of daily vitals via an application on a mobile tablet



3

LAYER THREE

Immediate assistance via SOS button on a GPS enabled pendant



4

LAYER FOUR

Tracking of data to place you on a predictive care pathway



Our Four Layered Approach to Your Care



Monitoring via sensors and wellbeing feedback from people involved in your care

The sensors are set up around your home and during a "getting to know you" period the sensors learn what is "normal" for you. The sensors pick up your sleep patterns, bathroom use, meal preparation, climate, social activity and household activity. The sensors then use this information to detect any changes in patterns or deviations from your "normal". These changes trigger notifications and/or alerts which are received via an app and acted on by your chosen circle of care. We will also get feedback from all people involved in your care (you, family, friends, carers, support workers etc) which will enhance the information we receive from the sensors.




Collecting of daily vitals via an application on a mobile tablet

*If you have a chronic medical condition that requires daily monitoring you can record your daily vital data via a mobile tablet. Daily vitals can be heart rate, blood glucose levels, weight, blood oxygen levels, respiratory rate, weight and temperature. The daily vitals will then form part of what is recorded as "normal" for you. If there is a deviation in your daily vital an alert will be triggered and a *Proveda Care Coordinator will get in touch with you to check on you and provide further advice regarding your situation. Your daily vital data will then be plotted to look for any longer term trends and Proveda will use these longer terms trends to intervene and provide further advice.*

**Proveda Care Coordinators will only be responsible for responding to alerts during working hours.*



Our Four Layered Approach to Your Care



Immediate assistance via a GPS enabled pendant

For your peace of mind and safety, a wearable pendant which is GPS enabled, can be worn to alert your circle of care if you have a fall. This pendant is SIM card enabled, so it can send out an SMS with a GPS location, as well as receive calls from specific numbers in cases of emergency. The easy to use device can be worn inside and outside of your home and requires you to push the SOS button in order to send out an alarm in cases of emergency.



Tracking of data to place you on a predictive care pathway

*All of your data will be analysed together to form an overall view of your current health status and place you on a predictive care pathway. The care pathway will be used to provide appropriate, tailored support and advice to you based on your needs at any given time. The data is reviewed by our *Clinical Consultants and Clinical Care Advice will be provided to you.*

**Clinical Care Advice is only available to those on the Living Longer and Better Plan.*



Our Smart Care Solutions are designed to enable you to continue safely living the life you choose in the place you call home.

Benefits of Smart Care Solutions

- Peace of mind for families/circle of care, knowing you are safe and they will be alerted should an incident occur
- Greater insight to your current health situation using your individual health data
- Help prevent falls and other medical episodes
- Reduce hospitalisations
- Reduce anxiety for families/circle of care who may not live close by, as they can rest easy knowing you are following your normal routine and that they will be alerted about changes in your health 24/7
- Discreet technology that doesn't invade your privacy

For further information call us on 1300 002 262 or email hello@proveda.com.au



Smart Care Solution Plans

Select a plan that suits your current needs and then add more layers or move to another plan if needed at a future stage.

Healthy and Active

- 6 Sensors at home*
- Mobile app access for an unlimited number of users so loved ones have peace-of-mind
- Self managed care with a bring your own device option

\$180 per month
Plus GST

Safe and Secure at Home

- 6 Sensors at home*
- Tablet device with 4G enabled SIM card
- Mobile app access for an unlimited number of users so loved ones have peace-of-mind
- Biometric and vitals monitoring for your health and wellbeing
- Ongoing support from Proveda for your care needs

\$240 per month
Plus GST

Maintaining Independence

- 6 Sensors at home*
- GPS pendant for when out-and-about
- Tablet device with 4G enabled SIM card
- Mobile app access for an unlimited number of users so loved ones have peace-of-mind
- Biometric and vitals monitoring for your health and wellbeing
- Clinical monitoring
- Ongoing support from Proveda for your care needs

\$290 per month
Plus GST

Living Longer and Better

- 6 Sensors at home*
- GPS pendant for when out-and-about
- Tablet device with 4G enabled SIM card
- Mobile app access for an unlimited number of users so loved ones have peace-of-mind
- Biometric and vitals monitoring for your health and wellbeing
- Clinical monitoring
- Clinical Care Advice
- Ongoing support from Proveda for your care

\$340 per month
Plus GST

**The hardware (sensors and modem), as well as installation, set-up, and ongoing technical support is included). Hardware is leased, so no capital outlay is required*



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