YOUR Final Checklist

Your Documents

- [ ] Have you written a will? Is it up to date?
- [ ] Have you nominated your power of attorney?
- [ ] Who will be your enduring guardian?
- [ ] Have you written your advance care directive?
- [ ] Have you heard of an emotional will?
- [ ] Have you registered your organ and tissue donation wishes and told your family?
- [ ] If you have children who will be their legal guardian?
- [ ] Have you recorded your passwords for all your online accounts and social media profile?
- [ ] Where do you keep your important documents? Who has access to them?

Your Family & Friends

- [ ] Have you discussed your end of life plans with family and friends?
- [ ] Who will receive special family items such as photos and treasured heirlooms?
- [ ] Who will become guardian of your children and/or pets?
- [ ] What do you hope for the people who are around you while you're dying?
- [ ] Would you prefer to die at home?
- [ ] Do you know what you want to say to your family and friends?
- [ ] What would you like to be said to you in your final days/moments?
- [ ] Have you told your family and friends what medical interventions you want and do not want?

Your Send-Off

- [ ] What type of funeral do you want?
- [ ] Do you want to be buried, cremated or something else entirely?
- [ ] Where do you want to be buried or have your ashes scattered or your tree planted?
- [ ] What do you want written on your headstone/plaque memorial?
- [ ] Who would you like to perform the eulogy?
- [ ] Would you like to write your own obituary?
- [ ] Do you want to donate to a charity in lieu of flowers or in lieu of anything else?
- [ ] The executor has rights to the body, so let them know what you want.
- [ ] Have you considered "Do it Yourself" funerals?

Everything Else

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Proveda

Let's change the conversation on Dying to Know Day, August 8th. To find out more, go to www.dyingtoknowday.com

Dying to Know Day 8 August