

LETTER TO MY PREFERRED SUBSTITUTE DECISION-MAKER



Dear

I have been thinking about my end-of-life wishes and what is important to me. I am putting some plans in place to record what I want and to help the important people in my life feel confident about my choices when the time comes.

I want to ask you to consider becoming my preferred substitute decision maker. I choose you as a person I can trust to “walk in my shoes” if I can no longer make important medical and health decisions for myself. Asking you to be my substitute decision maker is asking you to accept important responsibilities.

My choices about end-of-life care will be documented and we will discuss the details so that you are clear and comfortable about being my substitute decision maker. We will formalise our agreement by completing a substitute decision maker form which we can review at least once a year. Either of us can change our minds at any time.

I will also review my end-of-life choices regularly and we will have conversations from time to time so we both understand and agree with my end of life documents at every stage.

You will need to feel confident to uphold my end of life health and medical wishes, including medical interventions which I do and do not want, if I lose capacity to make decisions for myself. If I cannot speak for myself, you may need to be an advocate for me when it’s most needed with doctors, specialists, nurses, family members and friends.

My dying might be expected or it might be sudden. I might need you to suddenly “walk in my shoes” and act on my behalf. I could ask another close person in my life to share this responsibility with you and we can discuss how you and they would work together as my substitute decision makers.

This role asks you to feel comfortable with my plan for a good death including what care I would like, where I would like to die and what values of mine I would like to have honoured. You might feel pressure from other people in my life who disagree with my plans so an ability to manage conflict could become part of this role. We will anticipate and discuss possible issues together as we discuss and document my choices.

Thank you for considering the responsibility of becoming my substitute decision-makers. I want to answer all your questions and talk about your concerns. I completely understand that, after we talk, you may choose not to commit to this role. I feel grateful that I know you well enough to ask you and I trust your decision, whatever you decide.

Signed

LETTER TO MY ENDURING POWER OF ATTORNEY



Dear

I have been thinking about my end-of-life wishes and what is important to me.

I am putting some plans in place to record what I want and to help the important people in my life feel confident about my choices when the time comes. I want to ask you to consider becoming my Enduring Power of Attorney.

I choose you as a person I can trust to “walk in my shoes” if I can no longer make important legal and financial decisions for myself. Asking you to be my Enduring Power of Attorney is asking you to accept important responsibilities.

My choices about end-of-life will be documented and we will discuss the details so that you are clear and comfortable about being my Enduring Power of Attorney. We will formalise our agreement by completing an Enduring Power of Attorney form which we can review at least once a year. Either of us can change our minds at any time.

I will also review my end-of-life choices regularly and we will have conversations from time to time so we both understand and agree with my end-of-life documents at every stage. You will need to feel confident to uphold my end-of-life legal and financial choices, including possibly buying and selling real estate, shares, and other assets, paying bills, operating my bank accounts, and spending money on my behalf and for my benefit.

If I cannot speak for myself, you may need to be an advocate for me when it’s most needed with doctors, specialists, nurses, family members, and friends. My dying might be expected or it might be sudden. I might need you to suddenly “walk in my shoes” and act on my behalf.

I could ask another close person in my life to share this responsibility with you and we can discuss how you and they would work together as my Enduring Power of Attorney.

This role asks you to feel comfortable with my plan for a good death including what care I would like, where I would like to die and what values of mine I would like to have honoured. You might feel pressure from other people in my life who disagree with my plans so an ability to manage conflict could become part of this role.

We will anticipate and discuss possible issues together as we discuss and document my choices. Thank you for considering the responsibilities of becoming my Enduring Power of Attorney. I want to answer all your questions and talk about your concerns. I completely understand that, after we talk, you may choose not to commit to this role.

I feel grateful that I know you well enough to ask you and I trust your decision, whatever you decide.

Signed



LETTER TO EXECUTOR OF MY WILL



Dear

I have been thinking about my end-of-life wishes and what is important to me. I am putting some plans in place to record what I want and to help the important people in my life feel confident about my choices when the time comes.

I want to ask you to consider becoming an Executor of my Will. I choose you as a person I can trust to “walk in my shoes” and oversee the administration of my will and the distribution of my assets according to my wishes. Asking you to be an Executor of my Will is asking you to accept important responsibilities. I am preparing my will including details of all my property and assets.

My will also details my beneficiaries and what they receive under the terms of my will. I am making a list of all the information required to access accounts including passwords and other details. We will discuss the details so that you are clear and comfortable about being my Executor.

We will formalise our agreement by including your details in my will. I will review my will from time to time and we will talk about any changes, updating accompanying details, and whether you continue to be willing to be my Executor

. You can change your mind at any time. You will need to feel confident to uphold the terms of my will and attend to the administrative and legal requirements necessary for the distribution of assets and winding up my estate. My dying might be expected or it might be sudden. However, it will take some months to complete the role of Executor after my death.

I may ask another close person in my life to share this responsibility with you and we can discuss how you and they would work together as my Executors. This role asks you to feel comfortable with my plan as set out in my will and the ways I choose to leave my legacy to others.

You might feel pressure from other people in my life who disagree with my will so an ability to manage conflict could become part of this role. We will anticipate and discuss possible issues together as we discuss and document my choices.

Thank you for considering the responsibilities of becoming my Executor. I want to answer all your questions and talk about your concerns. I completely understand that, after we talk, you may choose not to commit to this role. I feel grateful that I know you well enough to ask you and I trust your decision, whatever you decide.

Signed