

## Compassion as we age

Join the conversation - it's FREE

Social connection makes us happier, healthier, and helps us live longer. Please join us, bring a friend and lets start our conversations on the topics that are meaningful as we age.

STARTING MAY 2025 TO MARCH 2026

1ST MONDAY OF EVERY MONTH 1:30 - 3:30 PM

**WARRINGAH MALL LIBRARY** 





To register: scan the QR CODE or email connectorprogram@proveda.com.au